

# HDFS - HUMAN DEVELOPMENT AND FAMILY STUDIES

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**HDFS 201 - Lifespan Human Development****Units: 3**

This course is the study of human growth and development from conception through death. All domains of development are studied including physical, cognitive, and social/emotional aspects of development.

*Term Offered: Spring and Fall*

**HDFS 202 - Introduction to Families****Units: 3**

This course is a study of contemporary family life. Students are introduced to family research and theory and the family life cycle. The dynamics of family systems, including communication, gender issues, intimacy and love, marriage and divorce, sexuality, parenting, balancing work and family, diversity in family structure, and family stress are also explored.

*Term Offered: Spring and Fall*

**HDFS 231 - Practicum with Children and Families****Units: 3**

This course offers students the opportunity to work in a pre-professional setting with children and families. Practicum provides students with opportunities to apply classroom knowledge in the delivery of services to children and families and to develop knowledge, skills, and abilities through experiences while being supervised by professionals. This class will help students to evaluate and prepare for possible career paths, and provide valuable experiences for all HDFS students, regardless of their career preferences. \*Students may be required to have fingerprints, an approved background check, and a clear TB test prior to enrolling in practicum experience courses.

*Enrollment Requirements: Prerequisites: HDFS 201, HDFS 202, HDFS 232, Students must work with the practicum instructor to arrange a practicum schedule and placement site.*

**HDFS 232 - Diversity in Children****Units: 3**

This course focuses on the development of young children from birth through eight years old. It examines the typical and atypical physical, social/emotional, language and cognitive development of young children. The course is also a study of how children are diverse in many ways including language, culture, race, religion, ethnicity, gender/sexuality, family circumstance, and ability. Students explore their own understanding of diversity, multiculturalism, and tolerance and apply concepts of both child development and diversity to their own work with young children. Satisfies TMCC Diversity requirement.

*Term Offered: Spring and Fall*